

From: **Advanced Hyperbaric Recovery** info@improvehealing.com
Subject: April 2014 Newsletter "Autism Awareness Month"
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To:

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Advanced Hyperbaric Recovery™
Hyperbaric Oxygen Therapy of Marin™

Did you know that April is Autism Awareness Month?

What is Autism?

Autism is a developmental disability that results from a disorder of the human central nervous system. It is diagnosed using specific criteria for impairments to social interaction, communication, interests, imagination, and activities. There are many theories as to the cause of autism such as abnormal cerebral blood flow to areas of the brain, high fevers, birth trauma, brain injury, infections, or lack of oxygen before, during, or after delivery. Other theories suggest mineral deficiencies such as calcium, iron, and zinc either in utero or after birth or fat and protein deficiencies. It has been said that autism manifests itself "before the age of three years" according to the World Health Organization's International Classification of Diseases.

How does Medical Grade Hyperbaric Oxygen Therapy affect Autism?

HBOT increases the oxygen tissue concentration which increases cerebral blood flow to an area thus enabling the body to restore brain tissue metabolism of oxygen and nutrients, helping restoration of any areas which are suffering from hypoxia. New blood and oxygen begin to stimulate an area, especially one that has viable, recoverable brain cells that are "idling neurons." HBOT also reduces swelling or excess fluid in the brain that might be pressing on centers of the brain which cause "confusion" in their function ability.

A testimonial letter from the parent of one of our past patients:

"Dear HOPE for Healing Institute staff:

This letter is regarding my son (HOPE Patient), who suffers from Autism."(pictured above in top left picture) "I am very happy with the gains and progress that I feel my son has made with the addition of medical grade Hyperbaric Oxygen Therapy (HBOT) to his treatment plan. I have seen many different improvements with HBOT and each time he does the treatments he continues to have gains for even up to 6 months after he has completed the therapy.

The treatment responses for autism vary because of age and circumstances but my son's improvements have been profound. After his first set of HBOT he was able to potty train, after his second set of treatments he started simple reading, after his third set of treatments we noticed language improvements and he was able to count and spell. After his most recent HBOT set ----'s speech had improved, he was engaging more with the staff remembering names and greetings, he was a lot calmer, he was whining less, and his teacher said his yelling, acting out and hitting himself on the head had significantly reduced at school.

I am very happy and thankful that there is an organization like the HOPE For Healing Institute, working through a facility like the Advanced Hyperbaric Recovery of Marin where my son can go for true medical grade hyperbaric oxygen therapy. Advanced Hyperbaric Recovery has the largest, cleanest, chambers in the Bay Area. This facility goes above and beyond safety compliance and far surpasses all others in providing the SAFEST environment for my son.... because of their advanced technology they took all the fear out of the process.

As far as true medical grade Hyperbaric Oxygen Therapy, I have been to facilities and they do not even compare to the HOPE For Healing Institute and Advanced Hyperbaric Recovery of Marin, I wouldn't take my son anywhere else.

Thank you guys, you are changing lives every day!

*Sincerely,
(AHR Patients mother)*

Thank you for your interest in our newsletter and for partnering with us to help improve quality of life through Medical Grade Hyperbaric Oxygen Therapy. Advanced Hyperbaric Recovery is a physician-referred outpatient rehabilitation facility that specializes in treating patients that have lingering or persistent health problems. They also treat those with sub-clinical illnesses who do not need hospitalization but are simply too ill to allow for a true Quality of Life. With a prescription, patients can receive treatment for a wide variety of conditions. In addition to the thirteen FDA approved conditions, Medical Grade Hyperbaric Oxygen Therapy has proven to be effective in treating other conditions. Traditional medical care and therapies are always to be used first and hyperbaric oxygen therapy is to be used as an adjunct as prescribed by a physician, based upon each patient's needs. If you have any other questions please [contact us](#) for more information, or to schedule a **free tour** of our **award winning facility**.

Sincerely,

Zachary J. Thill, CHT
Technical Director

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Hyperbaric Oxygen Therapy of Marin
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