

Hi, just a reminder that you're receiving this email because you have expressed an interest in Advanced Hyperbaric Recovery LLC. Don't forget to add info@improvehealing.com to your address book so we'll be sure to land in your inbox!

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Advanced Hyperbaric Recovery™
Hyperbaric Oxygen Therapy of Marin™



HBOT Newsletter

Greetings!

At Advanced Hyperbaric Recovery we are determined to provide our patients with the most effective and relaxing healing experience possible. We are always updating our facility and continuously educating our staff to ensure that you receive the most advanced medical grade hyperbaric oxygen therapy(HBOT).

In this months newsletter we would like to highlight the ways that HBOT is used as adjunctive therapy in the fight against cancer, as well as update you on what we have been up to, enjoy!

"AHR has gone Pink!!"

Last year our team competed in the Warrior Dash to support St. Jude Children's Research Hospital(a leader in the development of treatments in the fight against cancer) and we even took a point of view video of the

course so that everyone could enjoy this challenging event.

Our team motto was "**we will run for those that can't**".

We all hope you enjoy...



"H.O.P.E. for Healing Warrior Dash"

Please note: This video is not able to play on mobile devices.

[Monthly Case Study:](#)

HBOT used to treat post radiation

74 patients who needed teeth removed from high-dose radiated mandibles were split into two equal groups. One group underwent tooth removal with standard techniques and antibiotics, while the other group underwent 20 treatments before and 10 treatments after tooth removal, hyperbaric oxygen protocol, with no antibiotics given at any time. After 6 months, those with exposed, non-healing mandibles were considered to have osteo-radionecrosis.

The incidence of osteoradionecrosis was 29.9% in the antibiotic treated group versus 5.4% in the hyperbaric no antibiotic group ($p=0.005$). In addition, 8 of the 11 affected antibiotic patients required jaw resection and were given HBOT for resolution. Of the 2 patients from the HBOT group who developed osteoradionecrosis, neither required jaw resection, indicating a less severe form of necrosis. The 20/10 protocol has since become the standard treatment protocol for single and multiple tooth removals, as well as for surgery in any radiated tissue.

(1985, Marx et al.)

HBOT in the News:

- [USF professor tells of hyperbaric chamber helping treat cancer](#)
- [Joe Namath pushing for better treatment of brain injuries in football\(Video\)](#)

Featured Past Patient Testimonials:



Post - Radiation Effects Before Hyperbaric Oxygen Therapy, During, and After

"Following my Radiation for a Lumpectomy from Breast Cancer, I suffered a very heavy radiation burn with much swelling. My whole breast and 1/2 of my chest was very, very hot, dark red, burgundy and almost purple. I suffered a constant, unrelenting burning sensation, could not wear clothes and could not fall asleep due to pain. I also experienced extreme fatigue. I would start a project and would have to lie down.

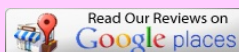
The scar was raised and painful. It was forming an interior and exterior scar the size of a man's thumb. Most of the rest my chest was numb and void of sensitivity. Four weeks before starting HBOT, my symptoms worsened. Finally I started treatment at Advanced Hyperbaric Recovery. I could feel things changing: Things were finally cooling down and the sensations of nerve endings joining together began. The purple, burgundy, and red turned to pink, then back to a normal flesh tone.

I started getting feeling back in a good way, and the constant burning was gone. The huge thick scar itself flattened out and became non-existent. Last week my Mammogram Radiology Tech asked me, "You did have surgery, right?!" Because she could NOT find the scar! She was amazed at my healing! I have my energy back and I am so thankful - it was worth it! The staff at Advanced Hyperbaric Recovery on scale from 1-10 is a 10+++! They are caring, informative, and empathetic and really helped me through the process. I wouldn't go anywhere else for true medical grade Hyperbaric Oxygen Therapy."

-Margaret-

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Thank you for your interest in our newsletter and for partnering with us to help improve quality of life through medical grade hyperbaric oxygen therapy. If you have any other questions please [contact us](#) for more information, or to schedule a free tour of our award winning facility. Please pass on this email to anyone that could benefit from it.

Thank you,

Zachary J. Thill, CHT

Technical Director

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